OFFICERS:

PRESIDENT:

LOIS LA FLEUR

VICE-

PRESIDENT:

ROSALIE MAUL

TREASURER:

CINDY STUCKY

SECRETARY:

ANN MATTINGLY

DIRECTORS:

GORDON BROWN

MARK MACKEY

GARY OBER-NUEFEMANN

OUR NEXT MEETING 12 Jan 7pm Via ZOOM

Gateway Milers membership forms are on our website and at our next walk.

WEBSITE:Gatewaymilers.org

Join us this Sat.

for a walk in Webster Groves MO. Register at 9:45; walk starts at 10 a.m. Start location: Recreation Cntr, 33 E. Glendale Rd. Webster Groves



NEWSLETTER End of Year 2020



We all wish you a very Happy New Year with the best times ahead of us.

It certainly has been a different year and will continue into 2021 but we will continue to work together and do our very best in keeping a walking schedule!

We learned how to adapt with the new safety procedures requiring everyone to wear a mask at the start point, keeping the 6 foot social distance measures, making sure everyone brought their own pen plus having hand sanitizer and wipes available at all walks. Then there was the finding a place for lunch that allowed us to spread out and be outside. Oh and let us not forget the availability of restrooms!!!

We had our first club Zoom meeting July 14 and continued using Zoom for our meetings. Since our officers and directors are spread out in Illinois and Missouri having the Zoom meetings has allowed us to attend and not worrying about traffic and weather. We post the club meeting dates with Zoom information on our Miler Message the week prior to the meeting. You are welcomed to join us and learn more about us and our club.

You may notice if you go into the AVA.org website and search for Events the walk info will show PSB and/or OSB. PSB is Physical Start Box where you go to the start point and sign in. OSB is Online Start Box. If you click on the OSB you will walk through the steps to set up an account to sign up for walks ahead of time. Most of our walks show both options. If you want more info about setting up an OSB account send us an email to: gatewaymilers@gmail.com and we can help answer any questions.

This year we have an AVA Conference in Madison WI. Many of us have already signed up for the walks and made reservations at the main hotel. If you thinks you would want to attend go to the AVA.org site and click on the convention icons to learn more.

And a thank you to our team: officers, directors, publicity, webmaster, Miler Messenger Point of Contacts for all you've done in 2020. And to

our walkers...we look forward to seeing you this year.



We were very lucky to be able to do most of our 2020 walks.



Our first walk was the <u>University City Year</u>
<u>Round Event Kickoff</u> scheduled for Jan 18th.

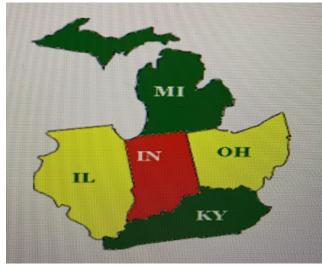
DeAnne and Gordon Brown were in charge of this walk. Unfortunately there was an ice storm so we needed to make the decision to cancel the walk for the safety of all our walkers.



Our next walk was the <u>Bunny Hop Breakfast</u>
<u>Walk</u> on March 14th. Who knew this would be our last walk for many months. We did keep the walk but cancelled the breakfast portion. That was the first walk where we initiated all the safe-

ty measures that we now do for every walk. We want to thank Paul and Regina Gorom who were in charge of this walk and in days notice made sure all new procedures were in place for our walkers.

Next on our list was a trip to <u>French Lick Indiana April 17-19</u>. Some of us Milers were planning to spend the weekend in the area of this walk. The Bedford Hiking Club was having a walk Apr 18th in French Lick IN. but had to cancel due to the Covid19 virus. We had also found a French Lick Scenic Railway tour, 25 miles, which is part of the Indiana Railway Museum. We are hoping that the club reschedules the French Lick IN walk so we can plan again for this trip.



original location if possible.

MID-AMERICA REGIONAL CONFERENCE DAYTON OHIO JUNE 19-21, 2020

It is always great to meet members of the other clubs in our regional area. Unfortunately due to the Covid 19 virus the conference was cancelled. The committee is looking into moving the conference to 2021 and keep the

Fall approached and we were able to have our walk in **St. Peters MO**, **September 26th.** Mary Jane and Gary Obernuefemann volunteered to be the Point of Contact, this was their first time putting on a walk. We were so happy to have a walk and spend time with everyone. We even had some first time walkers join us! Congratulations to Mary Jane and Gary for doing such a great job with this new walk.

On October 10, at The Nature Institute in Godfrey IL, we celebrated the Gateway Milers' 5th Year Anniversary. It was a wonderful day sharing memories with all our walkers. Our Mid America Regional Director, Bob Buzolich, joined us at the walk. The club received the AVA 5 year Milestone Anniversary Award and five of our club members were recognized with the AVA Meritorious Service Award: Bill Badger our first club president who served for four years, Rosalie Maul our Vice-President for five years, Cindy Stucky our Treasurer the past five years, Tom Stucky our webmaster for the past five years and Deb Kruep our first director for three years, POC for the Miler Message and in charge of the Girl Scout Program. All of the above are/were responsible for Year Round Walks and developed multiple Traditional Walks through out the years. We thank all of them for all they have done for our club.

2021 Walks

March 20-Castlewood State Park Ballwin MO

POC: Cindy and Tom Stucky

May 15-Brentwood MO Parks and Neighborhoods

POC: Cindy and Tom Stucky

September 11 - 9/11 March to the Arch St. Louis MO

POC: Rosalie Maul

Note: we are also planning a September walk in Clayton

Reminder there is the AVA Convention in Madison WI June 26-July 3 (dates include the pre and post convention walks)

2021 Year Round Events

Belleville IL—Oakland Historic District - POC: Rosalie Maul

Edwardsville IL—POC: Linda and Bill Badger

O'Fallon IL—POC: Lois La Fleur

Kirkwood MO—POC: Cindy and Tom Stucky

Richmond Heights MO—POC: Cindy and Tom Stucky

University City MO—POC: DeAnne and Gordon Brown

Webster Groves MO—POC: Cindy and Tom Stucky

2021 Seasonal Walks

Feb 1 - Dec 31: Cuivre River State Park, Troy MO: The Stucky's

Apr 6 - Dec 31: Hermann MO: Lois La Fleur

New Special Programs starting 1/1/2021 ends 12/31/2023

<u>Great Lakes:</u> walks must be along, on, or beside or inside a street building, city, school or any other physical thing with one of the Great Lakes name: Huron, Ontario, Michigan, Erie or Superior.

Walking with American's Veterans: Must collect 15 veteran monuments and memorials for campaigns from Spanish American War to present. Includes roads, building or parks that honor veterans; street banners or other recognitions or any memorial to the attack of 9/11 at the Pentagon or which mentions a veteran killed on that day.



EVENTS AND DISTANCE AWARDS

Members listed in the Mar, Jun, Sept, and Dec issues of The American Wanderer having accomplished and awarded for:

	EVENTS	DISTANCE
Tom Stucky	550	5500KM
Bill Badger	1500	15000KM
Diane Prost	1500	
Barbara Buehrer	2300	

Way to go Milers! Congratulations

Compiled by Lois La Fleur

AVA NEW ADDRESS

ALL DISTANCE AND EVENT BOOKS MUST BE MAILED TO THIS NEW ADDRESS

American Volkssport Association 1008 South Alamo Street SanAntonio, TX 78210-1110 **WEBSITES**

HQ AVA - ----http://ava.org/

Gateway Milers: gatewaymilers.org

Email Address:

gatewaymilers@gmail.com